

Sponge gourd price in Uttrakhand mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Sponge gourd - Other	Vikasnagar	16.00	1,600.00	1600 - 1,200.00	2025-10-31
Sponge gourd - Other	Kashipur	15.00	1,500.00	1800 - 1,200.00	2025-10-30
Sponge gourd	Kotadwara	12.00	1,200.00	1300 - 1,100.00	2025-10-30
Sponge gourd - Other	Ramnagar	25.00	2,500.00	2750 - 2,200.00	2025-10-29
Sponge gourd	Kicchha	8.00	800.00	900 - 700.00	2025-10-29
Sponge gourd - Other	Rudrapur	18.00	1,800.00	2000 - 1,500.00	2025-10-28
Sponge gourd - Other	Dehradoon	12.00	1,200.00	1500 - 1,000.00	2025-10-04
Sponge gourd - Other	Sitarganj	16.00	1,600.00	1800 - 1,200.00	2025-06-28
Sponge gourd - Other	Bhagwanpur(Naveen Mandi Sthal)	6.00	600.00	800 - 420.00	2025-06-10
Sponge gourd - Other	Manglaur	11.00	1,100.00	1200 - 1,000.00	2024-10-26
Sponge gourd - Other	Kotadwara	19.00	1,900.00	2000 - 1,800.00	2024-09-25
Sponge gourd - Other	Lakshar	13.50	1,350.00	1400 - 1,300.00	2023-08-06
Sponge gourd - Other	Kicchha	5.50	550.00	600 - 500.00	2023-05-22
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