

Sponge gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Sponge gourd - Other	Shahkot	17.00	1,700.00	1800 - 1,600.00	2025-10-03
Sponge gourd - Other	Faridkot	30.00	3,000.00	3300 - 2,500.00	2025-10-02
Sponge gourd - Other	Nawan Shahar(Subzi Mandi)	23.00	2,300.00	2500 - 2,000.00	2025-10-01
Sponge gourd - Other	Amritsar(Amritsar Mewa Mandi)	12.00	1,200.00	1500 - 1,000.00	2025-09-29
Sponge gourd - Other	Doraha	12.00	1,200.00	1200 - 1,200.00	2025-09-19
Sponge gourd - Other	Firozpur City	31.00	3,100.00	3200 - 3,000.00	2025-09-19
Sponge gourd - Other	Kapurthala	13.00	1,300.00	1500 - 1,200.00	2025-09-04
Sponge gourd - Other	Abohar	20.00	2,000.00	2500 - 1,600.00	2025-07-30
Sponge gourd	Naushera Pannuan	30.00	3,000.00	3000 - 3,000.00	2025-07-10
Sponge gourd - Other	Malerkotla	12.00	1,200.00	1500 - 800.00	2025-06-16
Sponge gourd - Other	Lehra Gaga	25.00	2,500.00	2600 - 2,500.00	2025-06-04
Sponge gourd - Other	Bhogpur	20.00	2,000.00	2000 - 2,000.00	2025-04-21
Sponge gourd - Other	Ludhiana	15.00	1,500.00	1800 - 1,200.00	2024-12-02
Sponge gourd - Other	Patran	25.00	2,500.00	2500 - 2,500.00	2024-10-29
Sponge gourd	Maur	18.00	1,800.00	1900 - 1,700.00	2024-09-30
Sponge gourd - Other	Lohian Khas	9.00	900.00	1000 - 800.00	2023-06-30
Sponge gourd - Other	Kharar	30.00	3,000.00	3500 - 2,500.00	2022-09-29
Sponge gourd - Other	Nawan Shahar(Mandi Aur)	20.00	2,000.00	2000 - 2,000.00	2022-07-28
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