

Bhindi(Ladies Finger) price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bhindi(Ladies Finger) - Bhindi	Rayya APMC	9.60	960.00	960 - 960.00	2026-03-26
Bhindi(Ladies Finger) - Other	Bhawanigarh APMC	62.50	6,250.00	6500 - 6,000.00	2026-03-21
Bhindi(Ladies Finger) - Bhindi	Morinda APMC	82.50	8,250.00	8500 - 8,000.00	2026-03-18
Bhindi(Ladies Finger) - Other	Lalru APMC	60.00	6,000.00	6000 - 6,000.00	2026-03-17
Bhindi(Ladies Finger) - Bhindi	Bassi Pathana APMC	65.00	6,500.00	7000 - 6,000.00	2026-03-13
Bhindi(Ladies Finger) - Bhindi	Sahnewal APMC	43.00	4,300.00	4300 - 4,300.00	2026-03-13
Bhindi(Ladies Finger) - Bhindi	Khanna APMC	30.00	3,000.00	3000 - 3,000.00	2026-03-05
Bhindi(Ladies Finger) - Bhindi	Jalalabad APMC	55.00	5,500.00	5500 - 5,500.00	2026-03-05
Bhindi(Ladies Finger) - Bhindi	Tanda Urmur APMC	65.00	6,500.00	7000 - 6,000.00	2026-03-05
Bhindi(Ladies Finger) - Other	Ludhiana APMC	35.00	3,500.00	4000 - 2,800.00	2026-03-03
Bhindi(Ladies Finger) - Bhindi	Fazilka APMC	50.00	5,000.00	5000 - 5,000.00	2026-03-03
Bhindi(Ladies Finger) - Bhindi	Rampuraphul(Nabha Mandi) APMC	60.00	6,000.00	8000 - 5,000.00	2026-03-03
Bhindi(Ladies Finger) - Bhindi	Muktsar APMC	43.00	4,300.00	6000 - 2,500.00	2026-02-11
Bhindi(Ladies Finger) - Bhindi	Garh Shankar APMC	40.00	4,000.00	4000 - 4,000.00	2026-02-09
Bhindi(Ladies Finger) - Other	Gurdaspur APMC	35.00	3,500.00	3500 - 3,500.00	2026-02-09
Bhindi(Ladies Finger) - Other	Nabha APMC	63.00	6,300.00	7000 - 5,500.00	2026-02-09
Bhindi(Ladies Finger) - Bhindi	Patiala APMC	45.00	4,500.00	5000 - 4,000.00	2026-02-09
Bhindi(Ladies Finger) - Bhindi	Nawan Shahar(Subzi Mandi) APMC	33.00	3,300.00	3500 - 3,000.00	2026-02-06
Bhindi(Ladies Finger) - Other	Patran APMC	64.79	6,479.00	6479 - 6,479.00	2026-01-30
Bhindi(Ladies Finger) - Bhindi	Mansa APMC	77.00	7,700.00	7700 - 7,700.00	2026-01-22
Bhindi(Ladies Finger) - Bhindi	Pathankot APMC	64.00	6,400.00	6400 - 6,400.00	2026-01-22
Bhindi(Ladies Finger) - Bhindi	Jalandhar City(Jalandhar) APMC	42.00	4,200.00	5500 - 3,000.00	2026-01-21
Bhindi(Ladies Finger) - Bhindi	Dasuya APMC	70.00	7,000.00	7000 - 7,000.00	2026-01-08
Bhindi(Ladies Finger) - Bhindi	Adampur APMC	45.00	4,500.00	4500 - 3,500.00	2025-12-29

Bhindi(Ladies Finger) - Other	Quadian APMC	25.00	2,500.00	2600 - 2,400.00	2025-12-27
Bhindi(Ladies Finger) - Other	Batala APMC	35.00	3,500.00	4000 - 3,300.00	2025-12-26
Bhindi(Ladies Finger) - Other	Lehra Gaga APMC	500.00	50,000.00	50000 - 50,000.00	2025-12-16
Bhindi(Ladies Finger) - Other	Ludhiana	18.00	1,800.00	2300 - 1,400.00	2025-11-06
Bhindi(Ladies Finger) - Bhindi	Rayya	24.00	2,400.00	2400 - 2,400.00	2025-11-06
Bhindi(Ladies Finger) - Bhindi	Mansa	44.00	4,400.00	5100 - 3,100.00	2025-11-06
Bhindi(Ladies Finger) - Other	Patti	28.00	2,800.00	3000 - 2,500.00	2025-11-06
Bhindi(Ladies Finger) - Other	Rampuraphul(Nabha Mandi)	20.00	2,000.00	2500 - 1,500.00	2025-11-06
Bhindi(Ladies Finger) - Other	Batala	45.00	4,500.00	5000 - 4,000.00	2025-11-06
Bhindi(Ladies Finger) - Bhindi	Khamano	40.00	4,000.00	4000 - 4,000.00	2025-11-06
Bhindi(Ladies Finger) - Other	Jalalabad	14.00	1,400.00	1500 - 1,300.00	2025-11-06
Bhindi(Ladies Finger) - Other	Lehra Gaga	40.00	4,000.00	4000 - 4,000.00	2025-11-05
Bhindi(Ladies Finger) - Other	Bhawanigarh	25.00	2,500.00	2500 - 2,500.00	2025-11-05
Bhindi(Ladies Finger) - Bhindi	Garh Shankar	25.00	2,500.00	3000 - 2,200.00	2025-11-05
Bhindi(Ladies Finger) - Bhindi	Garh Shankar(Mahalpur)	30.00	3,000.00	3500 - 2,000.00	2025-11-05
Bhindi(Ladies Finger) - Other	Bilga	19.00	1,900.00	2000 - 1,800.00	2025-11-05
Bhindi(Ladies Finger) - Bhindi	Dinanagar	40.00	4,000.00	4200 - 3,800.00	2025-11-02
Bhindi(Ladies Finger) - Other	Ahmedgarh	22.00	2,200.00	2200 - 2,000.00	2025-11-02
Bhindi(Ladies Finger) - Other	Quadian	47.00	4,700.00	4800 - 4,600.00	2025-11-01
Bhindi(Ladies Finger) - Other	Nawan Shahar(Subzi Mandi)	24.00	2,400.00	2500 - 2,200.00	2025-11-01
Bhindi(Ladies Finger) - Other	Mukerian	35.00	3,500.00	4000 - 3,000.00	2025-11-01
Bhindi(Ladies Finger) - Other	Nakodar	16.00	1,600.00	1700 - 1,500.00	2025-11-01
Bhindi(Ladies Finger) - Other	Khadur Sahib(Fetehabad)	22.00	2,200.00	2200 - 2,000.00	2025-11-01
Bhindi(Ladies Finger) - Bhindi	Bassi Pathana	72.00	7,200.00	7500 - 7,000.00	2025-11-01
Bhindi(Ladies Finger) - Other	Fazilka	35.00	3,500.00	4000 - 3,000.00	2025-11-01
Bhindi(Ladies Finger) - Other	Bilga (Talwan)	19.00	1,900.00	2000 - 1,800.00	2025-10-31
Bhindi(Ladies Finger) - Other	Lalru	40.00	4,000.00	4000 - 3,000.00	2025-10-31

Bhindi(Ladies Finger) - Other	Jalandhar City(Jalandhar)	24.00	2,400.00	3000 - 1,800.00	2025-10-31
Bhindi(Ladies Finger) - Bhindi	Amritsar(Amritsar Mewa Mandi)	15.00	1,500.00	1800 - 1,000.00	2025-10-31
Bhindi(Ladies Finger) - Other	Gurdaspur	38.00	3,800.00	4000 - 3,500.00	2025-10-31
Bhindi(Ladies Finger) - Other	Nihal Singh Wala	18.00	1,800.00	2000 - 1,500.00	2025-10-31
Bhindi(Ladies Finger) - Other	Banga	32.00	3,200.00	3200 - 1,600.00	2025-10-31
Bhindi(Ladies Finger) - Other	Chamkaur Sahib	29.50	2,950.00	3000 - 2,900.00	2025-10-31
Bhindi(Ladies Finger) - Bhindi	Guru Har Sahai	32.50	3,250.00	3500 - 3,000.00	2025-10-30
Bhindi(Ladies Finger) - Other	Khanna	15.00	1,500.00	2500 - 1,000.00	2025-10-30
Bhindi(Ladies Finger) - Other	Kot ise Khan	11.00	1,100.00	1200 - 1,000.00	2025-10-30
Bhindi(Ladies Finger) - Bhindi	Bhulath	33.70	3,370.00	3400 - 3,300.00	2025-10-30
Bhindi(Ladies Finger) - Other	Firozpur City	22.50	2,250.00	2500 - 2,000.00	2025-10-30
Bhindi(Ladies Finger) - Bhindi	Bhulath (Nadala)	33.70	3,370.00	3400 - 3,300.00	2025-10-30
Bhindi(Ladies Finger) - Bhindi	Giddarbaha	26.00	2,600.00	3000 - 2,500.00	2025-10-30
Bhindi(Ladies Finger) - Bhindi	Sahnawal	25.00	2,500.00	2500 - 2,500.00	2025-10-29
Bhindi(Ladies Finger) - Other	Nabha	22.00	2,200.00	2800 - 1,700.00	2025-10-29
Bhindi(Ladies Finger) - Other	Tanda Urmur	45.00	4,500.00	5000 - 4,000.00	2025-10-29
Bhindi(Ladies Finger) - Bhindi	Dera Baba Nanak	20.00	2,000.00	2100 - 1,900.00	2025-10-28
Bhindi(Ladies Finger) - Other	Dudhansadhan	21.00	2,100.00	2200 - 2,000.00	2025-10-27
Bhindi(Ladies Finger) - Other	Bhogpur	35.00	3,500.00	3500 - 3,500.00	2025-10-25
Bhindi(Ladies Finger) - Bhindi	Chogawan	8.00	800.00	900 - 700.00	2025-10-24
Bhindi(Ladies Finger) - Other	Patran	22.00	2,200.00	2200 - 2,200.00	2025-10-24
Bhindi(Ladies Finger) - Other	Hoshiarpur	18.00	1,800.00	2000 - 1,700.00	2025-10-23
Bhindi(Ladies Finger) - Bhindi	Hoshiarpur(Sham Churasi)	32.00	3,200.00	3500 - 3,000.00	2025-10-23
Bhindi(Ladies Finger) - Other	Phillaur(Apra Mandi)	20.00	2,000.00	2000 - 2,000.00	2025-10-22
Bhindi(Ladies Finger) - Bhindi	Majitha	20.00	2,000.00	2000 - 2,000.00	2025-10-21
Bhindi(Ladies Finger) - Other	Rajpura	32.00	3,200.00	3500 - 3,000.00	2025-10-21
Bhindi(Ladies Finger) - Other	Goniana	10.00	1,000.00	1100 - 900.00	2025-10-21

Bhindi(Ladies Finger) - Bhindi	Samana	30.00	3,000.00	4000 - 2,000.00	2025-10-20
Bhindi(Ladies Finger) - Other	Samrala	18.00	1,800.00	2200 - 1,500.00	2025-10-20
Bhindi(Ladies Finger) - Bhindi	Zira	48.00	4,800.00	5000 - 4,600.00	2025-10-16
Bhindi(Ladies Finger) - Bhindi	Ferozepur Cantt.	15.50	1,550.00	1600 - 1,400.00	2025-10-16
Bhindi(Ladies Finger) - Bhindi	Faridkot	27.00	2,700.00	3000 - 2,600.00	2025-10-15
Bhindi(Ladies Finger) - Bhindi	Pathankot	28.00	2,800.00	2800 - 2,600.00	2025-10-14
Bhindi(Ladies Finger) - Other	Kurali	19.00	1,900.00	2000 - 1,800.00	2025-10-13
Bhindi(Ladies Finger) - Other	Jagraon	28.00	2,800.00	3000 - 2,500.00	2025-10-13
Bhindi(Ladies Finger) - Other	Doraha	40.00	4,000.00	4000 - 4,000.00	2025-10-13
Bhindi(Ladies Finger) - Bhindi	Malout	23.00	2,300.00	2600 - 2,100.00	2025-10-10
Bhindi(Ladies Finger) - Bhindi	Harike	9.00	900.00	900 - 800.00	2025-10-08
Bhindi(Ladies Finger) - Other	Bhikhiwind	20.00	2,000.00	2000 - 2,000.00	2025-10-07
Bhindi(Ladies Finger) - Other	Shahkot	14.00	1,400.00	1500 - 1,300.00	2025-10-06
Bhindi(Ladies Finger) - Bhindi	Baghapurana	25.00	2,500.00	2700 - 2,000.00	2025-10-06
Bhindi(Ladies Finger) - Other	Noor Mehal	17.00	1,700.00	1700 - 1,700.00	2025-10-06
Bhindi(Ladies Finger) - Bhindi	Muksar	40.00	4,000.00	4200 - 3,800.00	2025-10-02
Bhindi(Ladies Finger) - Bhindi	Moga	30.00	3,000.00	3500 - 2,500.00	2025-10-01
Bhindi(Ladies Finger) - Bhindi	Mukerian(Talwara)	35.00	3,500.00	4000 - 3,000.00	2025-09-30
Bhindi(Ladies Finger) - Other	Naushera Pannuan	25.00	2,500.00	2500 - 2,500.00	2025-09-29
Bhindi(Ladies Finger) - Bhindi	Bhagta Bhai Ka	23.00	2,300.00	2300 - 2,300.00	2025-09-20
Bhindi(Ladies Finger) - Other	Lohian Khas	19.00	1,900.00	2000 - 1,800.00	2025-09-19
Bhindi(Ladies Finger) - Bhindi	Morinda	25.00	2,500.00	2500 - 2,500.00	2025-09-19
Bhindi(Ladies Finger) - Bhindi	Ajnala	26.00	2,600.00	2700 - 2,500.00	2025-09-18
Bhindi(Ladies Finger) - Bhindi	Mamdot	28.50	2,850.00	2900 - 2,800.00	2025-09-18
Bhindi(Ladies Finger) - Bhindi	Dera Bassi	35.00	3,500.00	3600 - 3,500.00	2025-09-17
Bhindi(Ladies Finger) - Bhindi	Mehta	25.00	2,500.00	2500 - 2,500.00	2025-09-15
Bhindi(Ladies Finger) - Other	Dharamkot	32.00	3,200.00	3200 - 3,200.00	2025-09-11

Bhindi(Ladies Finger) - Bhindi	Kapurthala	18.00	1,800.00	2000 - 1,500.00	2025-09-04
Bhindi(Ladies Finger) - Other	Bariwala	20.00	2,000.00	2000 - 2,000.00	2025-09-02
Bhindi(Ladies Finger) - Bhindi	F.G.Churian	29.00	2,900.00	3000 - 2,800.00	2025-08-29
Bhindi(Ladies Finger) - Bhindi	Kharar	30.00	3,000.00	4000 - 2,500.00	2025-08-29
Bhindi(Ladies Finger) - Other	Tarantaran	25.00	2,500.00	2600 - 2,000.00	2025-08-23
Bhindi(Ladies Finger) - Bhindi	Sangrur	25.00	2,500.00	3000 - 2,000.00	2025-08-21
Bhindi(Ladies Finger) - Other	Sirhind	23.00	2,300.00	2600 - 2,000.00	2025-08-19
Bhindi(Ladies Finger) - Other	Garh Shankar	30.00	3,000.00	4000 - 2,500.00	2025-08-12
Bhindi(Ladies Finger) - Bhindi	Banur	32.00	3,200.00	3200 - 2,000.00	2025-08-08
Bhindi(Ladies Finger) - Bhindi	Budalada	30.00	3,000.00	3500 - 2,700.00	2025-08-06
Bhindi(Ladies Finger) - Other	GarhShankar (Kotfatuhi)	25.00	2,500.00	3000 - 2,000.00	2025-08-04
Bhindi(Ladies Finger) - Other	Kalanaur	40.00	4,000.00	4000 - 4,000.00	2025-07-31
Bhindi(Ladies Finger) - Bhindi	Abohar	19.00	1,900.00	2200 - 1,800.00	2025-07-30
Bhindi(Ladies Finger) - Other	Sunam	20.00	2,000.00	2500 - 1,500.00	2025-06-25
Bhindi(Ladies Finger) - Other	Phillaur	15.00	1,500.00	1500 - 1,500.00	2025-06-23
Bhindi(Ladies Finger) - Bhindi	Dhuri	18.00	1,800.00	2000 - 1,500.00	2025-06-23
Bhindi(Ladies Finger) - Other	Barnala	22.50	2,250.00	2500 - 2,000.00	2025-06-20
Bhindi(Ladies Finger) - Bhindi	Malerkotla	20.00	2,000.00	2500 - 1,500.00	2025-06-20
Bhindi(Ladies Finger) - Other	Phagwara	15.00	1,500.00	3516 - 1,300.00	2025-05-06
Bhindi(Ladies Finger) - Bhindi	Lehra Gaga	20.00	2,000.00	2000 - 2,000.00	2025-04-30
Bhindi(Ladies Finger) - Other	Dasuya	32.50	3,250.00	3500 - 3,000.00	2025-04-09
Bhindi(Ladies Finger) - Other	Machhiwara	50.00	5,000.00	5000 - 5,000.00	2025-03-19
Bhindi(Ladies Finger) - Other	Shakot (Malsian)	23.20	2,320.00	2320 - 2,320.00	2024-11-22
Bhindi(Ladies Finger) - Bhindi	Rajpura	19.00	1,900.00	2100 - 1,700.00	2024-11-20
Bhindi(Ladies Finger) - Other	Sultanpur	20.00	2,000.00	2000 - 1,900.00	2024-11-06
Bhindi(Ladies Finger) - Other	Mehatpur	25.00	2,500.00	2500 - 2,500.00	2024-11-06
Bhindi(Ladies Finger) - Bhindi	Rampuraphul(Nabha Mandi)	25.00	2,500.00	3000 - 2,000.00	2024-10-14

Bhindi(Ladies Finger) - Bhindi	Maur	32.00	3,200.00	3500 - 3,000.00	2024-10-04
Bhindi(Ladies Finger) - Other	Banur	16.60	1,660.00	2000 - 1,660.00	2024-09-07
Bhindi(Ladies Finger) - Other	Dhuri	27.00	2,700.00	2800 - 2,500.00	2024-07-05
Bhindi(Ladies Finger) - Other	Talwandi Sabo	28.00	2,800.00	3000 - 2,700.00	2024-07-04
Bhindi(Ladies Finger) - Bhindi	Gehri(Jandiala mandi)	8.00	800.00	800 - 800.00	2024-05-27
Bhindi(Ladies Finger) - Other	Moga	36.00	3,600.00	4000 - 3,000.00	2023-07-28
Bhindi(Ladies Finger) - Other	Makhu	11.00	1,100.00	1200 - 1,000.00	2023-07-07
Bhindi(Ladies Finger) - Other	Dhariwal	17.00	1,700.00	1800 - 1,500.00	2023-07-07
Bhindi(Ladies Finger) - Other	Goraya	20.00	2,000.00	2000 - 2,000.00	2023-07-07
Bhindi(Ladies Finger) - Bhindi	Jaitu	27.00	2,700.00	2700 - 2,700.00	2023-07-06
Bhindi(Ladies Finger) - Other	Nawan Shahar(Mandi Aur)	14.00	1,400.00	1400 - 1,400.00	2023-05-26
Bhindi(Ladies Finger) - Bhindi	Kotkapura	9.00	900.00	1000 - 800.00	2023-05-17
Bhindi(Ladies Finger) - Bhindi	Banur (Kheragaju)	20.00	2,000.00	2000 - 1,500.00	2022-09-25
Bhindi(Ladies Finger) - Other	Nawan Shahar(MandiRaho)	16.00	1,600.00	1600 - 1,600.00	2022-08-24
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