

Bitter gourd price in Meghalaya mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Other	Nongstoin	125.00	12,500.00	13000 - 12,000.00	2025-10-22
Bitter gourd - Bitter Gourd	Jowai	45.00	4,500.00	5000 - 4,000.00	2025-09-16
Bitter gourd - Other	Khliehriat	60.00	6,000.00	7000 - 5,000.00	2025-09-01
Bitter gourd - Other	Baghmara	55.00	5,500.00	6000 - 5,000.00	2024-12-23
Bitter gourd - Bitter Gourd	Wahiajer	55.00	5,500.00	6000 - 5,000.00	2024-12-14
Bitter gourd - Other	Tura	68.00	6,800.00	7000 - 6,500.00	2024-10-29
Bitter gourd - Other	Dadengiri	62.00	6,200.00	6500 - 6,000.00	2024-10-23
Bitter gourd - Other	Shillong	43.00	4,300.00	4500 - 4,000.00	2024-10-08
Bitter gourd - Other	Gasuapara	45.00	4,500.00	5000 - 4,000.00	2024-08-07
Bitter gourd - Bitter Gourd	Shillong	40.00	4,000.00	4500 - 3,500.00	2024-08-06
Bitter gourd - Bitter Gourd	Tura	54.00	5,400.00	6000 - 5,000.00	2024-08-05
Bitter gourd - Other	Garobadha	55.00	5,500.00	8000 - 5,000.00	2024-07-24
Bitter gourd - Other	Rongram	54.00	5,400.00	5600 - 5,200.00	2024-07-19
Bitter gourd - Other	Sohra	100.00	10,000.00	12000 - 8,000.00	2024-07-18
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