Spinach price in Jammu and Kashmir mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Spinach	Kathua (F&V)	17.50	1,750.00	2000 - 1,500.00	2026-11-23
Spinach	MAC F&V Market Narwal Jammu	16.50	1,650.00	1800 - 1,500.00	2026-11-20
Spinach	Rajouri (Phaliana) (F&V)	30.00	3,000.00	3000 - 3,000.00	2026-11-20
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