

Spinach price in Himachal Pradesh mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Spinach - Other	SMY Baijnath	28.00	2,800.00	3000 - 2,500.00	2026-03-05
Spinach - Other	SMY Jaisinghpur	24.00	2,400.00	2600 - 2,200.00	2026-03-05
Spinach	PMY Kangni Mandi	10.00	1,000.00	1500 - 500.00	2026-03-03
Spinach - Other	SMY Bhuntar	6.00	600.00	700 - 500.00	2026-03-01
Spinach	SMY Palampur	19.00	1,900.00	2000 - 1,800.00	2026-02-28
Spinach	SMY Baijnath	21.00	2,100.00	2200 - 2,000.00	2026-02-13
Spinach - Other	PMY Bilaspur	25.00	2,500.00	3000 - 2,000.00	2026-02-10
Spinach	SMY Santoshgarh	5.50	550.00	600 - 500.00	2026-02-09
Spinach - Other	SMY Nadaun	27.50	2,750.00	3000 - 2,500.00	2026-02-09
Spinach	PMY Chamba	22.50	2,250.00	2500 - 2,000.00	2026-02-09
Spinach	PMY Kangra	18.00	1,800.00	2000 - 1,500.00	2026-02-09
Spinach	PMY Hamirpur	22.50	2,250.00	2500 - 2,000.00	2026-02-09
Spinach - Other	SMY Jassur	18.00	1,800.00	2000 - 1,500.00	2026-02-07
Spinach - Other	SMY Takoli	8.00	800.00	1000 - 508.00	2026-02-07
Spinach - Other	PMY Paonta Sahib	11.00	1,100.00	1200 - 1,000.00	2026-02-06
Spinach	SMY Nagrota Bagwan	20.00	2,000.00	2300 - 1,800.00	2026-01-31
Spinach - Other	SMY Jwalaji	19.00	1,900.00	2000 - 1,800.00	2026-01-29
Spinach - Other	PMY Kather Solan	12.00	1,200.00	1500 - 1,000.00	2026-01-23
Spinach	SMY Dhanotu	14.00	1,400.00	2000 - 800.00	2026-01-17
Spinach	PMY Una	10.00	1,000.00	1500 - 700.00	2026-01-17
Spinach	SMY Takarla	8.00	800.00	1000 - 500.00	2026-01-17
Spinach - Other	PMY Kullu	25.00	2,500.00	3000 - 2,000.00	2026-01-17
Spinach - Other	SMY Nahan	11.00	1,100.00	1200 - 1,000.00	2025-12-24
Spinach - Other	SMY Rampur	25.00	2,500.00	3000 - 2,000.00	2025-12-12

Spinach - Other	Kangra(Baijnath)	22.00	2,200.00	2300 - 2,000.00	2025-11-06
Spinach - Other	Kangra(Jaisinghpur)	23.00	2,300.00	2500 - 2,000.00	2025-11-06
Spinach	Santoshgarh	17.50	1,750.00	1800 - 1,700.00	2025-11-06
Spinach	Palampur	23.50	2,350.00	2500 - 2,200.00	2025-11-05
Spinach	Jogindernagar	18.00	1,800.00	2000 - 1,600.00	2025-11-05
Spinach - Other	Dhanotu (Mandi)	15.00	1,500.00	2000 - 1,000.00	2025-11-05
Spinach - Other	Mandi(Mandi)	18.00	1,800.00	2000 - 1,500.00	2025-11-03
Spinach - Other	Chamba	42.50	4,250.00	4500 - 4,000.00	2025-11-03
Spinach - Other	Hamirpur(Nadaun)	35.00	3,500.00	4000 - 3,000.00	2025-11-03
Spinach - Other	Kangra(Nagrota Bagwan)	25.00	2,500.00	3000 - 2,000.00	2025-11-03
Spinach - Other	Bhuntar	20.00	2,000.00	0 - 1,800.00	2025-11-02
Spinach - Other	Una	28.00	2,800.00	3500 - 2,000.00	2025-11-01
Spinach - Other	Kullu	23.00	2,300.00	2500 - 2,000.00	2025-11-01
Spinach - Other	Hamirpur	35.00	3,500.00	4000 - 3,000.00	2025-11-01
Spinach - Other	Shimla and Kinnaur(Rampur)	35.00	3,500.00	4000 - 3,000.00	2025-11-01
Spinach - Other	Solan	18.00	1,800.00	2000 - 1,500.00	2025-11-01
Spinach - Other	Kangra	27.00	2,700.00	3000 - 2,500.00	2025-11-01
Spinach - Other	Nahan	28.00	2,800.00	3000 - 2,500.00	2025-10-31
Spinach - Other	Paonta Sahib	22.00	2,200.00	2500 - 2,000.00	2025-10-30
Spinach - Other	Bilaspur	35.00	3,500.00	4000 - 3,000.00	2025-10-30
Spinach - Other	Shimla	50.00	5,000.00	6000 - 5,000.00	2025-10-29
Spinach - Other	Jwalaji	60.00	6,000.00	7000 - 4,000.00	2025-10-22
Spinach - Other	Jogindernagar	45.00	4,500.00	0 - 0.00	2025-10-14
Spinach - Other	Kullu(Chauri Bihal)	35.00	3,500.00	4000 - 3,000.00	2025-08-08
Spinach - Other	Kangra(Jassour)	15.00	1,500.00	1600 - 1,400.00	2025-05-09
Spinach - Other	Solan(Nalagarh)	13.00	1,300.00	1500 - 1,200.00	2025-04-21
Spinach - Other	Santoshgarh	8.50	850.00	1000 - 700.00	2025-04-17

Spinach - Other	Mandi(Takoli)	8.00	800.00	800 - 600.00	2025-03-27
Spinach - Other	Rohroo	20.00	2,000.00	3000 - 2,000.00	2025-03-11
Spinach - Organic	Santoshgarah	5.50	550.00	600 - 500.00	2025-02-22
Spinach - Other	Shimla and Kinnaur(Theog)	16.00	1,600.00	2000 - 1,500.00	2023-04-05

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