

### Kayamkulam APMC Bitter gourd Price History

Date	Average Price	High Price	Low Price	Unit
2026-03-29	8,200.00	8,300.00	8,100.00	INR/Quintal
2026-03-17	7,500.00	7,600.00	7,400.00	INR/Quintal
2026-03-01	8,500.00	8,600.00	8,400.00	INR/Quintal

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