

### Kathua APMC Bhindi(Ladies Finger) Price History

Date	Average Price	High Price	Low Price	Unit
2026-03-28	6,500.00	7,000.00	6,000.00	INR/Quintal
2026-03-11	6,750.00	7,000.00	6,500.00	INR/Quintal
2026-03-03	7,500.00	8,000.00	7,000.00	INR/Quintal
2026-02-28	7,250.00	7,500.00	7,000.00	INR/Quintal

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