

Sponge gourd price in Uttrakhand mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Sponge gourd - Other	Kashipur	12.00	1,200.00	1400 - 1,000.00	2025-09-29
Sponge gourd - Other	Rudrapur	22.00	2,200.00	2500 - 2,000.00	2025-09-29
Sponge gourd	Kicchha	11.00	1,100.00	1150 - 1,000.00	2025-09-19
Sponge gourd - Other	Sitarganj	16.00	1,600.00	1800 - 1,200.00	2025-06-28
Sponge gourd - Other	Kicchha	5.50	550.00	600 - 500.00	2023-05-22
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