

Bitter gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Other	Patti	45.00	4,500.00	5000 - 4,000.00	2025-10-09
Bitter gourd - Bitter Gourd	Harike	7.00	700.00	700 - 600.00	2025-09-15
Bitter gourd - Bitter Gourd	Naushera Pannuan	30.00	3,000.00	3000 - 3,000.00	2025-09-02
Bitter gourd - Other	Bhikhiwind	10.00	1,000.00	1000 - 1,000.00	2025-06-30
Bitter gourd - Bitter Gourd	Tarantaran	35.00	3,500.00	4000 - 3,000.00	2022-08-30
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