

Spinach price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Spinach - Other	Ahmedgarh APMC	5.00	500.00	500 - 400.00	2026-02-19
Spinach - Other	Bhawanigarh APMC	6.50	650.00	700 - 600.00	2026-01-31
Spinach - Other	Bhawanigarh	31.00	3,100.00	3200 - 3,000.00	2025-11-05
Spinach - Other	Ahmedgarh	13.00	1,300.00	1300 - 1,200.00	2025-11-05
Spinach	Sangrur	15.00	1,500.00	2000 - 1,000.00	2025-08-21
Spinach - Other	Malerkotla	10.00	1,000.00	1500 - 800.00	2025-04-01
Spinach - Other	Lehra Gaga	8.00	800.00	1000 - 800.00	2025-03-06
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