

Spinach price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Spinach - Other	Chamkaur Sahib APMC	10.00	1,000.00	1000 - 1,000.00	2026-01-09
Spinach	Morinda	30.00	3,000.00	3000 - 3,000.00	2025-06-13
Spinach	Chamkaur Sahib	7.50	750.00	800 - 700.00	2025-02-18
Spinach - Other	Chamkaur Sahib	14.50	1,450.00	1500 - 1,400.00	2025-01-20
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