

Bitter gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Bitter Gourd	Chamkaur Sahib	49.50	4,950.00	5000 - 4,900.00	2025-10-21
Bitter gourd - Bitter Gourd	Morinda	25.00	2,500.00	3000 - 1,500.00	2025-08-04
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