

Bhindi(Ladies Finger) price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bhindi(Ladies Finger) - Other	Chamkaur Sahib	29.50	2,950.00	3000 - 2,900.00	2025-10-31
Bhindi(Ladies Finger) - Bhindi	Morinda	25.00	2,500.00	2500 - 2,500.00	2025-09-19
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