

Bitter gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Bitter Gourd	Pathankot APMC	55.00	5,500.00	5500 - 5,500.00	2025-12-24
Bitter gourd - Bitter Gourd	Pathankot	22.00	2,200.00	2200 - 2,000.00	2025-10-14
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