

Bhindi(Ladies Finger) price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bhindi(Ladies Finger) - Bhindi	Pathankot APMC	64.00	6,400.00	6400 - 6,400.00	2026-01-22
Bhindi(Ladies Finger) - Bhindi	Pathankot	28.00	2,800.00	2800 - 2,600.00	2025-10-14
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