

Sponge gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Sponge gourd - Other	Nawan Shahar(Subzi Mandi)	28.00	2,800.00	3000 - 2,700.00	2025-10-14
Sponge gourd - Other	Nawan Shahar(Mandi Aur)	20.00	2,000.00	2000 - 2,000.00	2022-07-28
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