

Bitter gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Other	Nawan Shahar(Subzi Mandi)	43.00	4,300.00	4500 - 4,000.00	2025-11-01
Bitter gourd - Other	Banga	50.00	5,000.00	5000 - 4,806.00	2025-10-25
Bitter gourd - Other	Nawan Shahar(MandiRaho)	12.00	1,200.00	1200 - 1,200.00	2023-06-06
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