

Spinach price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Spinach	Muktsar APMC	12.00	1,200.00	1400 - 900.00	2025-12-30
Spinach	Muktsar	32.00	3,200.00	3500 - 3,000.00	2025-10-02
Spinach	Malout	15.00	1,500.00	1800 - 1,300.00	2025-05-31
Spinach - Other	Bariwala	10.00	1,000.00	1000 - 1,000.00	2024-12-13
Spinach	Giddarbaha	8.00	800.00	800 - 700.00	2024-04-06
Downloaded from : CommodityMarketLive					