

Bhindi(Ladies Finger) price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bhindi(Ladies Finger) - Bhindi	Muktsar APMC	43.00	4,300.00	6000 - 2,500.00	2026-02-11
Bhindi(Ladies Finger) - Bhindi	Giddarbaha	26.00	2,600.00	3000 - 2,500.00	2025-10-30
Bhindi(Ladies Finger) - Bhindi	Malout	23.00	2,300.00	2600 - 2,100.00	2025-10-10
Bhindi(Ladies Finger) - Bhindi	Muktsar	40.00	4,000.00	4200 - 3,800.00	2025-10-02
Bhindi(Ladies Finger) - Other	Bariwala	20.00	2,000.00	2000 - 2,000.00	2025-09-02
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