

Bhindi(Ladies Finger) price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bhindi(Ladies Finger) - Other	Nihal Singh Wala	18.00	1,800.00	2000 - 1,500.00	2025-10-31
Bhindi(Ladies Finger) - Other	Kot ise Khan	11.00	1,100.00	1200 - 1,000.00	2025-10-30
Bhindi(Ladies Finger) - Bhindi	Baghapurana	25.00	2,500.00	2700 - 2,000.00	2025-10-06
Bhindi(Ladies Finger) - Bhindi	Moga	30.00	3,000.00	3500 - 2,500.00	2025-10-01
Bhindi(Ladies Finger) - Other	Dharamkot	32.00	3,200.00	3200 - 3,200.00	2025-09-11
Bhindi(Ladies Finger) - Other	Moga	36.00	3,600.00	4000 - 3,000.00	2023-07-28
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