

Bhindi(Ladies Finger) price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bhindi(Ladies Finger) - Bhindi	Mansa APMC	77.00	7,700.00	7700 - 7,700.00	2026-01-22
Bhindi(Ladies Finger) - Bhindi	Mansa	44.00	4,400.00	5100 - 3,100.00	2025-11-06
Bhindi(Ladies Finger) - Bhindi	Budalada	30.00	3,000.00	3500 - 2,700.00	2025-08-06
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