

Sponge gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Sponge gourd - Other	Doraha APMC	10.00	1,000.00	1000 - 1,000.00	2025-12-29
Sponge gourd - Other	Doraha	15.00	1,500.00	1500 - 1,500.00	2025-11-06
Sponge gourd - Other	Ludhiana	15.00	1,500.00	1800 - 1,200.00	2024-12-02
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