

Bitter gourd price in Punjab mandi markets

| Commodity                                             | Market                     | 1KG Price | 1Q Price | 1Q Max - Min    | Date       |
|-------------------------------------------------------|----------------------------|-----------|----------|-----------------|------------|
| <a href="#">Bitter gourd - Other</a>                  | <a href="#">Ludhiana</a>   | 20.00     | 2,000.00 | 2300 - 1,800.00 | 2025-11-06 |
| <a href="#">Bitter gourd - Other</a>                  | <a href="#">Doraha</a>     | 25.00     | 2,500.00 | 2500 - 2,500.00 | 2025-09-19 |
| <a href="#">Bitter gourd - Bitter Gourd</a>           | <a href="#">Sahnewal</a>   | 32.00     | 3,200.00 | 3200 - 3,200.00 | 2025-09-11 |
| <a href="#">Bitter gourd - Other</a>                  | <a href="#">Machhiwara</a> | 60.00     | 6,000.00 | 6000 - 5,700.00 | 2025-03-19 |
| <a href="#">Bitter gourd - Bitter Gourd</a>           | <a href="#">Khanna</a>     | 15.00     | 1,500.00 | 2000 - 1,000.00 | 2024-09-30 |
| <a href="#">Bitter gourd - Bitter Gourd</a>           | <a href="#">Samrala</a>    | 22.00     | 2,200.00 | 2500 - 2,000.00 | 2024-08-07 |
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