

Bhindi(Ladies Finger) price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bhindi(Ladies Finger) - Other	Ludhiana APMC	30.00	3,000.00	3300 - 2,800.00	2026-02-10
Bhindi(Ladies Finger) - Bhindi	Khanna APMC	50.00	5,000.00	5000 - 5,000.00	2026-01-10
Bhindi(Ladies Finger) - Other	Ludhiana	18.00	1,800.00	2300 - 1,400.00	2025-11-06
Bhindi(Ladies Finger) - Other	Khanna	15.00	1,500.00	2500 - 1,000.00	2025-10-30
Bhindi(Ladies Finger) - Bhindi	Sahnewal	25.00	2,500.00	2500 - 2,500.00	2025-10-29
Bhindi(Ladies Finger) - Other	Samrala	18.00	1,800.00	2200 - 1,500.00	2025-10-20
Bhindi(Ladies Finger) - Other	Jagraon	28.00	2,800.00	3000 - 2,500.00	2025-10-13
Bhindi(Ladies Finger) - Other	Doraha	40.00	4,000.00	4000 - 4,000.00	2025-10-13
Bhindi(Ladies Finger) - Other	Machhiwara	50.00	5,000.00	5000 - 5,000.00	2025-03-19
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