

Bitter gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Other	Mehatpur	40.00	4,000.00	4000 - 4,000.00	2025-09-29
Bitter gourd - Other	Bilga	19.00	1,900.00	2000 - 1,800.00	2025-09-29
Bitter gourd - Other	Shahkot	22.00	2,200.00	2300 - 2,100.00	2025-09-20
Bitter gourd - Other	Noor Mehal	24.00	2,400.00	2400 - 2,400.00	2025-09-18
Bitter gourd - Other	Nakodar	16.00	1,600.00	1700 - 1,500.00	2025-09-11
Bitter gourd - Other	Bhogpur	20.00	2,000.00	2000 - 2,000.00	2025-09-03
Bitter gourd - Other	Lohian Khas	27.00	2,700.00	2800 - 2,600.00	2025-08-22
Bitter gourd - Other	Phillaur(Apra Mandi)	35.00	3,500.00	3500 - 3,500.00	2025-07-21
Bitter gourd - Other	Bilga (Talwan)	19.00	1,900.00	2000 - 1,800.00	2024-10-23
Bitter gourd - Other	Phillaur	20.00	2,000.00	2000 - 2,000.00	2024-07-26
Bitter gourd - Other	Goraya	20.00	2,000.00	2000 - 2,000.00	2023-07-07
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