

Spinach price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Spinach	Garh Shankar APMC	10.00	1,000.00	1000 - 1,000.00	2026-02-19
Spinach	Dasuya APMC	9.00	900.00	900 - 900.00	2026-01-08
Spinach - Other	GarhShankar (Kotfatuhi) APMC	10.00	1,000.00	1000 - 1,000.00	2025-12-13
Spinach - Other	Garh Shankar	12.00	1,200.00	1500 - 1,000.00	2025-11-05
Spinach	Mukerian(Talwara)	50.00	5,000.00	6000 - 4,000.00	2025-10-31
Spinach - Other	Dasuya	22.50	2,250.00	2500 - 2,000.00	2025-03-18
Spinach - Other	Mukerian(Talwara)	18.00	1,800.00	2200 - 1,400.00	2025-03-13
Spinach	Garh Shankar	6.50	650.00	700 - 600.00	2025-02-28
Spinach	Hoshiarpur(Sham Churasi)	12.00	1,200.00	1400 - 1,000.00	2025-01-10
Spinach - Other	GarhShankar (Kotfatuhi)	12.00	1,200.00	1400 - 1,000.00	2024-11-02
Spinach - Other	Garh Shankar(Mahalpur)	20.00	2,000.00	2000 - 1,500.00	2024-01-08
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