

Spinach price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
<a href="#">Spinach - Other</a>	<a href="#">Dera Baba Nanak APMC</a>	4.06	406.00	406 - 406.00	2026-02-15
<a href="#">Spinach</a>	<a href="#">Dinanagar APMC</a>	10.00	1,000.00	1050 - 900.00	2026-02-01
<a href="#">Spinach</a>	<a href="#">Batala APMC</a>	12.00	1,200.00	1500 - 1,000.00	2026-01-26
<a href="#">Spinach</a>	<a href="#">Gurdaspur APMC</a>	9.50	950.00	950 - 950.00	2026-01-16
<a href="#">Spinach</a>	<a href="#">F.G.Churian APMC</a>	6.00	600.00	600 - 600.00	2025-12-08
<a href="#">Spinach - Other</a>	<a href="#">Batala</a>	40.00	4,000.00	4500 - 3,500.00	2025-11-06
<a href="#">Spinach</a>	<a href="#">F.G.Churian</a>	4.50	450.00	500 - 400.00	2025-04-04
<a href="#">Spinach - Other</a>	<a href="#">Dera Baba Nanak</a>	11.00	1,100.00	1200 - 1,000.00	2025-03-20
<a href="#">Spinach - Other</a>	<a href="#">Dhariwal</a>	7.00	700.00	800 - 600.00	2025-02-21
<a href="#">Spinach</a>	<a href="#">Dinanagar</a>	10.00	1,000.00	1500 - 1,000.00	2025-01-23
<a href="#">Spinach - Other</a>	<a href="#">Quadian</a>	7.00	700.00	800 - 600.00	2024-04-15
<a href="#">Spinach</a>	<a href="#">Gurdaspur</a>	16.00	1,600.00	1700 - 1,500.00	2024-03-27
<a href="#">Spinach - Other</a>	<a href="#">Gurdaspur</a>	5.50	550.00	600 - 500.00	2023-03-22
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