

Bitter gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Other	Gurdaspur	43.00	4,300.00	4500 - 4,000.00	2025-10-31
Bitter gourd - Other	Dera Baba Nanak	15.00	1,500.00	1600 - 1,400.00	2025-09-29
Bitter gourd - Bitter Gourd	Dinanagar	32.00	3,200.00	3500 - 3,000.00	2025-09-17
Bitter gourd - Bitter Gourd	F.G.Churian	29.00	2,900.00	3000 - 2,800.00	2025-08-29
Bitter gourd - Other	Batala	72.00	7,200.00	7500 - 7,000.00	2025-04-11
Bitter gourd - Other	Quadian	61.00	6,100.00	6200 - 6,000.00	2024-04-17
Bitter gourd - Bitter Gourd	Dhariwal	18.00	1,800.00	1900 - 1,600.00	2023-07-07
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