

Bitter gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Bitter Gourd	Guru Har Sahai	45.00	4,500.00	5000 - 4,000.00	2025-10-27
Bitter gourd - Other	Ferozepur City	35.00	3,500.00	4000 - 3,000.00	2025-10-24
Bitter gourd - Bitter Gourd	Ferozepur Cantt.	16.00	1,600.00	1700 - 1,500.00	2025-10-01
Bitter gourd - Other	Mamdot	27.00	2,700.00	2800 - 2,600.00	2025-09-19
Bitter gourd - Bitter Gourd	Zira	45.00	4,500.00	5000 - 3,600.00	2025-09-03
Downloaded from : CommodityMarketLive					