

Bhindi(Ladies Finger) price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bhindi(Ladies Finger) - Bhindi	Guru Har Sahai	32.50	3,250.00	3500 - 3,000.00	2025-10-30
Bhindi(Ladies Finger) - Other	Ferozepur City	22.50	2,250.00	2500 - 2,000.00	2025-10-30
Bhindi(Ladies Finger) - Bhindi	Zira	48.00	4,800.00	5000 - 4,600.00	2025-10-16
Bhindi(Ladies Finger) - Bhindi	Ferozepur Cantt.	15.50	1,550.00	1600 - 1,400.00	2025-10-16
Bhindi(Ladies Finger) - Bhindi	Mamdot	28.50	2,850.00	2900 - 2,800.00	2025-09-18
Bhindi(Ladies Finger) - Other	Makhu	11.00	1,100.00	1200 - 1,000.00	2023-07-07
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