Bitter gourd price in Punjab mandi markets

| Commodity | Market | 1KG Price | 1Q Price | 1Q Max - Min | Date |
|---|---|---|---|---|---|
| Bitter gourd - Bitter Gourd | Jalalabad APMC | 50.00 | 5,000.00 | 5000 - 5,000.00 | 2026-11-23 |
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