

Bitter gourd price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Bitter Gourd	Bassi Pathana APMC	50.00	5,000.00	6000 - 4,000.00	2025-12-12
Bitter gourd - Bitter Gourd	Bassi Pathana	65.00	6,500.00	7000 - 6,000.00	2025-11-01
Bitter gourd - Bitter Gourd	Khamano	40.00	4,000.00	4000 - 4,000.00	2025-08-29
Bitter gourd - Other	Sirhind	23.00	2,300.00	2500 - 2,000.00	2025-08-19
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