

Bhindi(Ladies Finger) price in Punjab mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bhindi(Ladies Finger) - Bhindi	Bassi Pathana APMC	65.00	6,500.00	7000 - 6,000.00	2026-01-09
Bhindi(Ladies Finger) - Bhindi	Khamano	40.00	4,000.00	4000 - 4,000.00	2025-11-06
Bhindi(Ladies Finger) - Bhindi	Bassi Pathana	72.00	7,200.00	7500 - 7,000.00	2025-11-01
Bhindi(Ladies Finger) - Other	Sirhind	23.00	2,300.00	2600 - 2,000.00	2025-08-19
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