

Bitter gourd price in Kerala mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Bitter Gourd	Pattambi APMC	55.00	5,500.00	6000 - 5,000.00	2026-01-22
Bitter gourd - Bitter Gourd	Palakkad APMC	36.00	3,600.00	4000 - 3,000.00	2026-01-21
Bitter gourd - Bitter Gourd	vadakarapathy APMC	34.00	3,400.00	3500 - 3,300.00	2026-01-18
Bitter gourd - Bitter Gourd	Koduvayoor APMC	56.00	5,600.00	5800 - 5,400.00	2026-01-18
Bitter gourd - Bitter Gourd	Kollengode APMC	42.00	4,200.00	4400 - 4,000.00	2026-01-17
Bitter gourd - Bitter Gourd	Moochamkundu VFPCCK APMC	34.00	3,400.00	3500 - 3,300.00	2026-01-11
Bitter gourd - Bitter Gourd	Kollengode VFPCCK APMC	35.00	3,500.00	3500 - 3,500.00	2025-12-25
Bitter gourd - Bitter Gourd	Vadakkenchery APMC	70.00	7,000.00	7500 - 6,500.00	2025-12-23
Bitter gourd - Bitter Gourd	Vaniyamkulam VFPCCK APMC	54.00	5,400.00	5500 - 5,300.00	2025-12-16
Bitter gourd - Bitter Gourd	Paliyamangalam VFPCCK APMC	32.00	3,200.00	3200 - 3,200.00	2025-12-14
Bitter gourd - Bitter Gourd	Elevancheri VFPCCK APMC	38.00	3,800.00	4000 - 3,500.00	2025-12-12
Bitter gourd - Other	vadakarapathy	40.00	4,000.00	4100 - 3,900.00	2025-11-06
Bitter gourd - Bitter Gourd	Palakkad	51.00	5,100.00	5500 - 4,500.00	2025-11-05
Bitter gourd - Bitter Gourd	Kizhakkancheri VFPCCK	40.00	4,000.00	4000 - 4,000.00	2025-11-05
Bitter gourd - Other	Koduvayoor	44.00	4,400.00	4800 - 4,000.00	2025-11-05
Bitter gourd - Other	Vadakkenchery	60.00	6,000.00	6500 - 5,500.00	2025-11-05
Bitter gourd - Other	Pattambi	48.00	4,800.00	5000 - 4,500.00	2025-10-31
Bitter gourd - Bitter Gourd	Vaniyamkulam VFPCCK	42.00	4,200.00	4300 - 4,100.00	2025-10-31
Bitter gourd - Bitter Gourd	PERUMATTY VFPCCK	25.00	2,500.00	2700 - 2,400.00	2025-10-30
Bitter gourd - Other	Kollengode	22.00	2,200.00	2400 - 2,000.00	2025-10-29
Bitter gourd - Bitter Gourd	KOLLENGODE VFPCCK	39.00	3,900.00	4000 - 3,800.00	2025-10-10
Bitter gourd - Bitter Gourd	Elevancheri VFPCCK	24.00	2,400.00	2600 - 2,200.00	2025-09-19
Bitter gourd - Bitter Gourd	Puthupariyaram VFPCCK	36.00	3,600.00	3700 - 3,500.00	2025-09-16
Bitter gourd - Bitter Gourd	Malampuzha VFPCCK	25.00	2,500.00	2500 - 2,500.00	2025-09-15

Bitter gourd - Bitter Gourd	KOTTAYI VFCK	35.00	3,500.00	4000 - 3,000.00	2025-09-15
Bitter gourd - Bitter Gourd	Paliyamangalam VFCK	18.00	1,800.00	2000 - 1,500.00	2025-08-26
Bitter gourd - Bitter Gourd	Vithinasserri VFCK	30.00	3,000.00	3000 - 3,000.00	2025-01-28
Bitter gourd - Bitter Gourd	Vadakarapathy VFCK	40.00	4,000.00	4500 - 3,500.00	2024-12-23
Bitter gourd - Bitter Gourd	Vaniyankulam	50.00	5,000.00	6000 - 4,500.00	2024-03-19
Bitter gourd - Bitter Gourd	Elevancheri	50.00	5,000.00	5000 - 5,000.00	2024-03-09
Bitter gourd - Bitter Gourd	Vithinasserri	35.00	3,500.00	3500 - 3,500.00	2024-02-19
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