

Bitter gourd price in Kerala mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Other	Kottakkal APMC	28.00	2,800.00	2800 - 2,800.00	2026-03-05
Bitter gourd - Other	Thirurrangadi APMC	44.00	4,400.00	4400 - 4,200.00	2026-02-07
Bitter gourd - Bitter Gourd	Perinthalmanna APMC	45.00	4,500.00	4500 - 4,500.00	2026-02-01
Bitter gourd - Other	Parappanangadi APMC	41.00	4,100.00	4100 - 4,000.00	2026-01-26
Bitter gourd - Other	Manjeri APMC	40.00	4,000.00	4050 - 3,950.00	2026-01-25
Bitter gourd - Other	Kondotty APMC	50.00	5,000.00	5100 - 4,900.00	2026-01-08
Bitter gourd - Bitter Gourd	Kodakkad VFPCCK APMC	55.00	5,500.00	6000 - 5,000.00	2025-12-26
Bitter gourd - Bitter Gourd	Kottakkal APMC	45.00	4,500.00	4500 - 4,500.00	2025-12-25
Bitter gourd - Bitter Gourd	Kottakkal	42.00	4,200.00	4300 - 4,100.00	2025-11-05
Bitter gourd - Other	Kondotty	40.00	4,000.00	4100 - 3,900.00	2025-11-05
Bitter gourd - Bitter Gourd	Perinthalmanna	20.00	2,000.00	2200 - 1,800.00	2025-11-05
Bitter gourd - Other	Thirurrangadi	31.00	3,100.00	3200 - 3,000.00	2025-11-05
Bitter gourd - Other	Parappanangadi	36.00	3,600.00	3600 - 3,500.00	2025-10-29
Bitter gourd - Other	Manjeri	43.50	4,350.00	4400 - 4,300.00	2025-10-24
Bitter gourd - Bitter Gourd	Parappanangadi VFPCCK	34.00	3,400.00	3500 - 3,300.00	2025-10-13
Bitter gourd - Bitter Gourd	Thalappara VFPCCK	29.00	2,900.00	3000 - 2,800.00	2025-10-13
Bitter gourd - Bitter Gourd	Kannamangalam VFPCCK	26.00	2,600.00	2700 - 2,500.00	2025-09-17
Bitter gourd - Bitter Gourd	Kodakkad VFPCCK	30.00	3,000.00	3000 - 2,800.00	2024-12-04
Bitter gourd - Other	Kottakkal	69.00	6,900.00	6980 - 6,800.00	2024-06-12
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