

Bitter gourd price in Kerala mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Bitter gourd - Bitter Gourd	Athirampuzha APMC	41.00	4,100.00	4200 - 4,000.00	2026-02-07
Bitter gourd - Bitter Gourd	Pampady APMC	70.00	7,000.00	7500 - 6,000.00	2026-02-07
Bitter gourd - Bitter Gourd	Ettumanoor APMC	44.00	4,400.00	4600 - 4,200.00	2026-02-06
Bitter gourd - Bitter Gourd	Kuruppanthura APMC	60.00	6,000.00	6200 - 6,000.00	2026-02-06
Bitter gourd - Bitter Gourd	Thalayolaparambu APMC	45.00	4,500.00	4700 - 4,400.00	2026-02-05
Bitter gourd - Bitter Gourd	Pala APMC	47.00	4,700.00	5000 - 4,500.00	2026-02-04
Bitter gourd - Bitter Gourd	Kottayam APMC	50.00	5,000.00	5200 - 4,800.00	2026-01-26
Bitter gourd - Bitter Gourd	Kanjirappally APMC	58.00	5,800.00	6000 - 5,500.00	2026-01-25
Bitter gourd - Bitter Gourd	Avarma VFCK APMC	60.00	6,000.00	6100 - 6,000.00	2026-01-24
Bitter gourd - Bitter Gourd	Adithyapuram VFCK APMC	0.01	0.90	0.9 - 0.90	2025-12-21
Bitter gourd - Bitter Gourd	Aymanam VFCK APMC	0.01	0.60	0.6 - 0.55	2025-12-16
Bitter gourd - Bitter Gourd	Kuruppanthura	60.00	6,000.00	6400 - 6,000.00	2025-11-06
Bitter gourd - Bitter Gourd	Athirampuzha	55.00	5,500.00	5600 - 5,400.00	2025-11-06
Bitter gourd - Bitter Gourd	Pampady	60.00	6,000.00	6000 - 5,000.00	2025-11-06
Bitter gourd - Other	Ettumanoor	56.00	5,600.00	5800 - 5,400.00	2025-11-05
Bitter gourd - Bitter Gourd	Pala	47.00	4,700.00	5000 - 4,500.00	2025-11-03
Bitter gourd - Bitter Gourd	Thalayolaparambu	50.00	5,000.00	5200 - 4,800.00	2025-11-02
Bitter gourd - Bitter Gourd	Kottayam	50.00	5,000.00	5200 - 4,800.00	2025-11-01
Bitter gourd - Bitter Gourd	Adithyapuram VFCK	50.00	5,000.00	5500 - 4,500.00	2025-10-24
Bitter gourd - Bitter Gourd	Vempally VFCK	35.00	3,500.00	4000 - 3,500.00	2025-10-22
Bitter gourd - Bitter Gourd	Avarma VFCK	30.00	3,000.00	3000 - 3,000.00	2025-10-22
Bitter gourd - Bitter Gourd	VAKATHANAM VFCK	55.00	5,500.00	5500 - 5,200.00	2025-10-22
Bitter gourd - Bitter Gourd	Thottuva VFCK	35.00	3,500.00	3500 - 3,500.00	2025-10-13
Bitter gourd - Other	Thrikkodithanam VFCK	60.00	6,000.00	6000 - 5,500.00	2025-10-13

Bitter gourd - Bitter Gourd	Kanjirappally	58.00	5,800.00	6000 - 5,500.00	2025-10-10
Bitter gourd - Bitter Gourd	Kattampak VFCK	28.00	2,800.00	3000 - 2,500.00	2025-10-06
Bitter gourd - Bitter Gourd	ETTUMANOOR VFCK	45.00	4,500.00	4500 - 4,500.00	2025-10-06
Bitter gourd - Bitter Gourd	Mutholy VFCK	35.00	3,500.00	3800 - 3,500.00	2025-09-30
Bitter gourd - Bitter Gourd	AYMANAM VFCK	50.00	5,000.00	5000 - 4,800.00	2025-09-19
Bitter gourd - Bitter Gourd	Kuriem VFCK	30.00	3,000.00	3000 - 3,000.00	2025-09-11
Bitter gourd - Bitter Gourd	KURICHY VFCK	70.00	7,000.00	7000 - 6,500.00	2025-08-06
Bitter gourd - Bitter Gourd	Vayala VFCK	55.00	5,500.00	6000 - 5,000.00	2025-01-16
Bitter gourd - Bitter Gourd	Adithyapuram	0.62	62.00	65 - 59.00	2024-04-12
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