

Bitter gourd price in Kerala mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
<a href="#">Bitter gourd - Other</a>	<a href="#">Kattappana APMC</a>	43.00	4,300.00	4500 - 3,500.00	2026-03-26
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Thodupuzha APMC</a>	34.00	3,400.00	3400 - 3,200.00	2026-03-21
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Kannakunnu VFPCCK APMC</a>	33.00	3,300.00	3400 - 3,200.00	2026-03-01
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Melechinnar VFPCCK APMC</a>	38.00	3,800.00	3900 - 3,700.00	2026-02-19
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Errattayar VFPCCK APMC</a>	35.00	3,500.00	3600 - 3,400.00	2026-02-08
<a href="#">Bitter gourd - Other</a>	<a href="#">Munnar APMC</a>	60.00	6,000.00	6000 - 6,000.00	2026-02-01
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Pazhayarikandam VFPCCK APMC</a>	35.00	3,500.00	3600 - 3,400.00	2026-01-26
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Thomprankudi VFPCCK APMC</a>	27.00	2,700.00	3000 - 2,500.00	2026-01-18
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Adimali APMC</a>	60.00	6,000.00	7000 - 6,000.00	2026-01-17
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Rajakkad VFPCCK APMC</a>	47.00	4,700.00	5000 - 4,500.00	2025-12-21
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Adimali VFPCCK APMC</a>	0.33	33.00	35 - 30.00	2025-12-21
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Kamakshi VFPCCK APMC</a>	35.00	3,500.00	3600 - 3,400.00	2025-12-20
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">ADIMALI VFPCCK</a>	28.00	2,800.00	3100 - 2,500.00	2025-11-06
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">ERRATTAYAR VFPCCK</a>	35.00	3,500.00	3600 - 3,400.00	2025-11-01
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">KANNAKUNNU VFPCCK</a>	30.00	3,000.00	3200 - 2,700.00	2025-11-01
<a href="#">Bitter gourd - Other</a>	<a href="#">Kattappana</a>	48.00	4,800.00	4800 - 4,500.00	2025-10-31
<a href="#">Bitter gourd - Other</a>	<a href="#">Vandiperiyar</a>	40.00	4,000.00	4000 - 3,800.00	2025-10-29
<a href="#">Bitter gourd - Other</a>	<a href="#">Munnar</a>	60.00	6,000.00	6500 - 5,000.00	2025-10-29
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Adimali</a>	60.00	6,000.00	6000 - 6,000.00	2025-10-28
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">MELECHINNAR VFPCCK</a>	27.00	2,700.00	2800 - 2,600.00	2025-10-27
<a href="#">Bitter gourd - Other</a>	<a href="#">Thodupuzha</a>	50.00	5,000.00	5000 - 4,800.00	2025-10-13
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Rajakkad VFPCCK</a>	30.00	3,000.00	3000 - 3,000.00	2025-04-17
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Pazhayarikandam VFPCCK</a>	31.00	3,100.00	3400 - 2,700.00	2025-03-27
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Kamakshi VFPCCK</a>	25.00	2,500.00	2700 - 2,200.00	2025-03-19

<a href="#">Bitter gourd - Other</a>	<a href="#">Nedumkandam</a>	30.00	3,000.00	3000 - 3,000.00	2025-03-07
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Thompramkudi VFCK</a>	32.00	3,200.00	3400 - 3,000.00	2025-02-12
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Udumbannoor VFCK</a>	31.00	3,100.00	3200 - 3,000.00	2025-02-05
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