

Bitter gourd price in Jammu and Kashmir mandi markets

| Commodity                                             | Market                    | 1KG Price | 1Q Price | 1Q Max - Min    | Date       |
|-------------------------------------------------------|---------------------------|-----------|----------|-----------------|------------|
| <a href="#">Bitter gourd - Other</a>                  | <a href="#">Parimpore</a> | 60.00     | 6,000.00 | 6500 - 5,500.00 | 2025-10-29 |
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