

Bhindi(Ladies Finger) price in Jammu and Kashmir mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
<a href="#">Bhindi(Ladies Finger) - Bhindi</a>	<a href="#">Rajouri (F&amp;V) APMC</a>	65.00	6,500.00	6500 - 6,500.00	2026-02-06
<a href="#">Bhindi(Ladies Finger) - Other</a>	<a href="#">Rajouri (F&amp;V)</a>	41.00	4,100.00	4200 - 4,000.00	2025-10-31
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