

## Spinach price in Jammu and Kashmir mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
<a href="#">Spinach - Other</a>	<a href="#">Kathua APMC</a>	12.50	1,250.00	1300 - 1,200.00	2026-01-15
<a href="#">Spinach</a>	<a href="#">Kathua</a>	12.50	1,250.00	1500 - 1,000.00	2025-11-06

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