

Sponge gourd price in Himachal Pradesh mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Sponge gourd - Other	Solani(Nalagarh)	20.00	2,000.00	2500 - 1,500.00	2025-11-01
Sponge gourd - Other	Solani	32.00	3,200.00	3500 - 3,000.00	2025-11-01

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