

Spinach price in Himachal Pradesh mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Spinach	SMY Palampur	30.00	3,000.00	3200 - 2,800.00	2026-03-21
Spinach - Other	SMY Jaisinghpur	32.00	3,200.00	3500 - 3,000.00	2026-03-21
Spinach	SMY Baijnath	25.00	2,500.00	2500 - 2,400.00	2026-03-16
Spinach	PMY Kangra	18.00	1,800.00	2000 - 1,500.00	2026-03-13
Spinach - Other	SMY Baijnath	28.00	2,800.00	3000 - 2,500.00	2026-03-05
Spinach - Other	SMY Jassur	18.00	1,800.00	2000 - 1,500.00	2026-02-07
Spinach	SMY Nagrota Bagwan	20.00	2,000.00	2300 - 1,800.00	2026-01-31
Spinach - Other	SMY Jwalaji	19.00	1,900.00	2000 - 1,800.00	2026-01-29
Spinach - Other	Kangra(Baijnath)	22.00	2,200.00	2300 - 2,000.00	2025-11-06
Spinach - Other	Kangra(Jaisinghpur)	23.00	2,300.00	2500 - 2,000.00	2025-11-06
Spinach	Palampur	23.50	2,350.00	2500 - 2,200.00	2025-11-05
Spinach - Other	Kangra(Nagrota Bagwan)	25.00	2,500.00	3000 - 2,000.00	2025-11-03
Spinach - Other	Kangra	27.00	2,700.00	3000 - 2,500.00	2025-11-01
Spinach - Other	Jwalaji	60.00	6,000.00	7000 - 4,000.00	2025-10-22
Spinach - Other	Kangra(Jassour)	15.00	1,500.00	1600 - 1,400.00	2025-05-09
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