

Bitter gourd price in Himachal Pradesh mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">SMY Dharamshala</a>	55.00	5,500.00	6000 - 5,000.00	2026-04-01
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">SMY Jassur</a>	75.00	7,500.00	8000 - 7,000.00	2026-04-01
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">PMY Kangra</a>	85.00	8,500.00	9000 - 8,000.00	2026-02-09
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">SMY Baijnath</a>	91.00	9,100.00	9200 - 9,000.00	2026-01-23
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">SMY Palampur</a>	72.00	7,200.00	7500 - 7,000.00	2025-12-26
<a href="#">Bitter gourd - Other</a>	<a href="#">Dharamshala</a>	55.00	5,500.00	6000 - 5,000.00	2025-11-06
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Kangra(Baijnath)</a>	80.00	8,000.00	10000 - 4,500.00	2025-11-06
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Kangra(Jaisinghpur)</a>	58.00	5,800.00	6000 - 5,500.00	2025-11-06
<a href="#">Bitter gourd - Other</a>	<a href="#">Palampur</a>	55.00	5,500.00	6000 - 5,000.00	2025-11-05
<a href="#">Bitter gourd - Other</a>	<a href="#">Kangra</a>	47.00	4,700.00	5000 - 4,500.00	2025-11-01
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Kangra(Nagrota Bagwan)</a>	48.00	4,800.00	5000 - 4,500.00	2025-10-29
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Jwalaji</a>	55.00	5,500.00	6000 - 5,000.00	2025-10-25
<a href="#">Bitter gourd - Bitter Gourd</a>	<a href="#">Kangra(Jassour)</a>	19.00	1,900.00	2000 - 1,800.00	2025-09-29
Downloaded from : <a href="http://CommodityMarketLive">CommodityMarketLive</a>					