

Sponge gourd price in Haryana mandi markets

Commodity	Market	1KG Price	1Q Price	1Q Max - Min	Date
Sponge gourd	Narnaul APMC	50.00	5,000.00	6000 - 4,000.00	2026-03-27
Sponge gourd	Narnaul	35.00	3,500.00	3500 - 3,000.00	2025-10-15
Sponge gourd - Other	Narnaul	20.00	2,000.00	2000 - 2,000.00	2024-10-09
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